

LIVE BLOG FEED

Nachos and the Cowboys: An Appreciation

FrontBumer | by Wick Allison

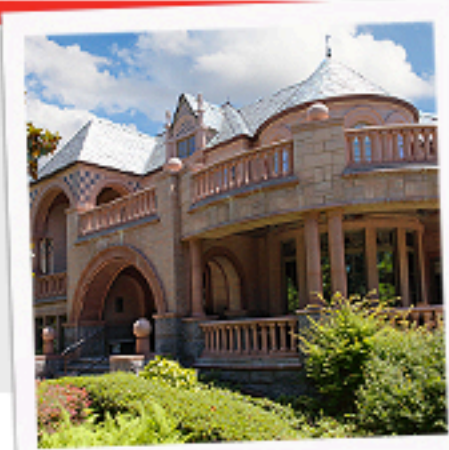
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FrontBumer | by Glenn Hunter



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ShopTalk

THE DAILY GUIDE TO DALLAS SHOPPING

Must-Have Katy Trail Accessories and Where to Get Them in Dallas

Posted on July 1st, 2011 1:03pm by [Raya Ramsey](#)
Filed under [Fitness](#), [Health & wellness](#)



photos courtesy of vendors

Yes, accessorizing for the [Katy Trail](#). (And I'm not talking about wearing dangly earrings and [lip gloss to the gym](#).) When your car's displaying a temp that reaches above 90 degrees, there are things you absolutely need (a *thneed*, if you will) to make your life bearable outdoors. Head to the following stores for accessories that'll keep you cooler (or just cooler *looking*) when your foundation's running down your face.

[Sport + Store Water Bottle](#) at [The Woodhouse Day Spa](#)

This is the kind of invention that makes me say, "Why didn't I think of that?" This functional water bottle has a hidden, removable bottom to store secret things (like money and keys) or to use as an on-the-go doggie dish.

[Lug Cartwheel Bag](#) at [Sam Moon](#) and [Facelogic in Fort Worth](#)

Overnight bags typically consist of a wide-open space with a couple tiny pockets to separate your goods. Not this bad boy. There are so many nooks and crannies and specialized compartments, I'm still finding them! (And I've had my bag for a month!) My favorite features include the super padded shoulder strap, ring holder bar that snaps open and closed to for keeping jewelry in place, the front flap for holding in a yoga mat (or whatever), and the extra drawstring bag inside for storing things (like, dirty clothes, muddy shoes, etc.).

[Emi-Jay Hair Ties](#) at [Purre Barre](#)

These accessories double as hair ties and bracelets. They come in fun colors and are stylishly knotted on the end (so you don't look a nerd with it on your wrist). Plus, because they're not rubbery and don't yank strands out of your head, they're actually *good* for your hair. (I get props from [my colorist](#) every time I wear one into the salon.) Check out these elastic bands around the locks of [Jennifer Aniston](#) and [the ladies of Gossip Girl](#), and then go getchu one.

ShopTalk is a daily discussion about the Dallas shopping and beauty scene. Think of it as your GPS for finding the best places to fulfill your retail therapy needs. New boutiques, beauty advice, all the latest Dallas trends, and events starring cocktails and discounts; it's all here. Bookmark now.

Ask Raya

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